

# iBliss Book 3

## EFT, ENERGY PSYCHOLOGY AND VIBRATIONAL MEDICINE GO TO A QUANTUM PHYSICS LAB

### THE HIGHEST SECRET

Make White Light your long distance carrier

It has been 1 year since my last entry. I am staying in Maui Dec-March 2008-09. The first measurement John took after last year's entry was measuring the word *healing*. It has a CW spin and emits White Light. The LF encoded the word healing with WL. WL is healing and healing is WL.

Remember from our earlier measurements, that the body always wants WL and +G. This means that the body always wants healing! When you put a WL sample over the left foot, the rod spins CW in the right hand, over that left foot indicating the body recognizes it and wants it. No spin equals no want. Many health products the body simply does not want! In contrast John measured vitamin D3. He found the body often wanted it but wanted it way more often when you spent a prior 30 minutes in sunlight. John tested countless highly revered health products and found, way more often than not, that the body did not want them! This testing methodology determines what the body wants and how much. The body continuously wants White Light and also wants Positive Green. Positive Green is the sun's most vital energy color and it occurs at 12 noon. Green tea, which is +Green, the body wants for the +Green energy contained in it.

John and I also tested many power words. Most did not have a very strong positive or CW spin, they just had little vitality. The winning words rigorously tested out of many candidates are—win-time, winning, lucrative, lucky, affluent, wealthy, profitable, prosperous and fortunate. The body wants these words, but only somewhat, as they only modestly increase positive or CW spin. In other categories, winners were Green Tea, Deprynil and Neurontin. All favorites of mine. Salvia Devanorium was CCW (maybe there were toxins in that sample). John also found Carbon emits +G and the body wants carbon because of its high noon vitality features. US Paper money had little vitality, probably not a shock to most.

In the category of brain waves, anytime your waves go higher or faster than 12 Hz, a non-coherent vertical energy or wave is introduced. The vertical wave feels edgy, distorted and agitated--meaning not silky, smooth and coherent. This is true of vertical fields in general; they are like a bad cup of coffee on a very low

vitality day. Incidentally, 9.6 Hz Alpha creates WL or healing; it is a very desirable brain wave frequency.

When organs are healthy, they spin CW. Scale drawings of non-damaged body parts and organs spin CW. Unhealthy specimens spin CCW. Now for the kicker--the LF from a Chi Kung master spins CW--Neutral and CCW in the Horizontal band. When the organ being treated by the chi is well again, its reading goes from CCW to CW!



### **MAGNETIC ENERGY**

Lumin, upon working with John, proposes an interesting model of what CW, Neutral and CCW spin of the LF means. It got me thinking. What else do I know of that is CW, Neutral and CCW? Answer--a magnet. One side being CW, usually called South, the other side CCW, usually called North. The midway point between the faces is Neutral. The LF approximates a magnetic field very closely. Lumin refers to these 3 fields in one as Yin, Yang and static. Static is what you get when Yin and Yang cancel each other out. It is the zero point or stillness.

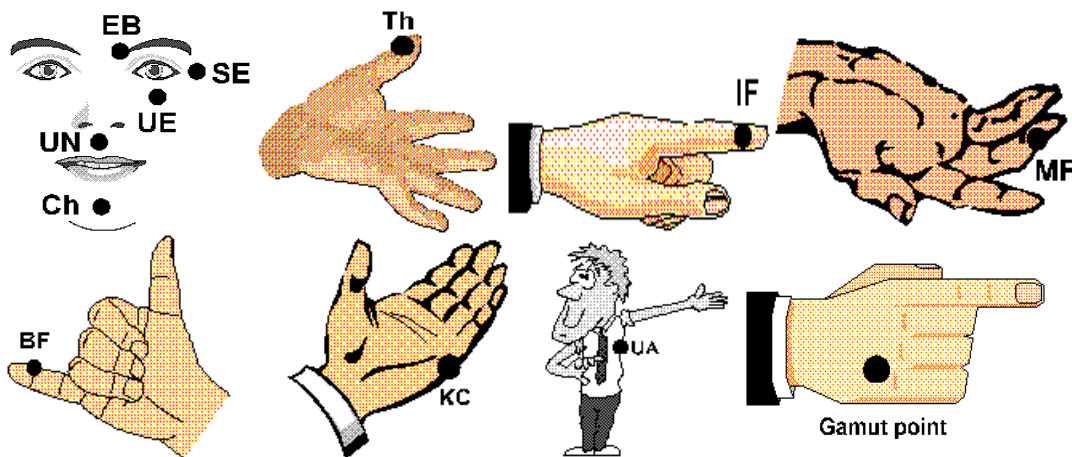
### **Figure 8**

When formally CCW body parts spin CW again the healing process is complete for that session. The worst spin is a figure 8, which means it oscillates from CW to CCW back and forth, the neutral position being deleted. An organ in its healthy state is spinning CW. As you place an organ under conflicting loads, it now will tend to spin neutral, then CCW. As you introduce various additional conflicting vectors of force or energy, it begins to spin CW--neutral--then CCW. Then it goes more CCW and finally it oscillates. This is the cycle of energetic distortion starting at vertical CCW and going into figure 8. By adding additional degrading fields from a computer, cell phone, microwave, Mp3 player, fluorescent light to the mix--each opposing or out of sync, CCW energy sources causes a further polarization of force. When the bodies' field becomes permeated with conflicting forces from electronic smog, an overwhelming confusion or counter intention occurs. Finally, the life force manifests intention vs. counter intention, locked up in a tug of war. The energy goes back and forth, like a tiger pacing in a cage, stuck in a groove, neither side wins and Psychological Reversal takes place. PR is a term for a condition discovered by the founder of Thought Field Therapy, a predecessor of EFT, Rodger Callahan Ph.D. Rodger says that

© Norman McVea Ph.D. 2007 all rights reserved •iBlissNow.com•

Psychological Reversal or PR can be created by electronics or energy toxins and overriding negative mind sets. In testing this hypothesis, if you measure the Thought Field Therapy (TFT) or EFT accupoints under load, each vector of force inputted, will cause more polarization and then finally oscillation. Dead heat on a merry go round. (Stuckness).

When a test subject thinks of wanting to go to the park, and then adds he would rather go to town and maybe to the races but would rather take a nap or maybe intends buying groceries, you get the same countering vector issues as you get from conflicting electronic devices, creating electronic smog. John calls this phenomenon “a bridge too far”. Too many good ideas equal confusion, no matter how good they really are. Blessed are those single of purpose as they will have a high LF. As musician and cosmic lover Fantuzi says, “blessed are the flexible as they will never be bent out of shape!”



**Psychological Reversal or PR** is caused by three things--(1) lack of water or dehydration, (2) too many conflicting thoughts and (3) electronic smog introducing many assorted vectors or directions of energetic flow. (EFT drawings thanks to Gary Craig at emofree.com).

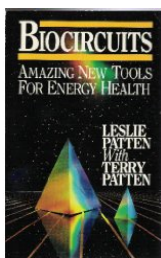
When a subject visualizes, accesses or tunes a stressful incident, all the EFT accupoints except the 9 gamet spin CCW. As the stress starts to release, the spin goes neutral, meaning neither CW nor CCW but rather in a strait line, indicating neither CW nor CCW. When released the spin is CW. It is the same for an organ being treated. When LF which is Horizontal CW neutral and CCW is flowed to an organ, the organ will turn it CW in the final stage of the healing process.

In John’s measurement of foods, organic flax seed was the earlier winner at 40 CW spin. I brought him baby coconut water and its measurement was 125 CW spin. No food has beaten that one yet. As mentioned earlier drugs or herbs such as organic marijuana, opium and coca leaves spin CW in the 740-760 category!

© Norman McVea Ph.D. 2007 all rights reserved •iBlissNow.com•

They have 7 times the LF of foods! The highest Chi Kung master was Horizontal at 3500 CW neutral and CCW but could not maintain this for long, needing refueling. Most humans spin under 100. Normal humanoid spin measured in the 1920's and 1930's was around 1800. The more vectors of intention, energy toxins and electronic devices you add, the lower the CW vitality count. Add a florescent light to a CW 100 count human spin and you get -118 CCW. The worst is when the load is equal to the LF, and over time you get oscillation or polarity or bi-polar. Which are two opposite mood swings of equal time and equal intensity or vitality. The whole gradient scale or shades of gray are now condensed into 2 completely opposite positions of opposing polarity. This death struggle is locked up, opposed LF with no way out.

From an energetic measurement point of view, the most effective way to end the polarity or bio-polar lock up is to introduce a vital CW signal to this field, causing tipping, and then the vitality side wins out and the power struggle is broken. Drinking baby coconut water would be helpful as it is a stronger CW spin. Praying would also help by focusing on CW words and concepts. Visualizing financial power words--winning, lucrative, lucky, affluent, wealthy, profitable, prosperous, fortunate can also help, but just a little. Taking high vitality drugs such as marijuana or opium will raise vitality and break the tie, but there may be side effects that may exacerbate the already confused condition. The healing force of a Chi Kung master could also break the tie. Adding WL and/or +G pure enough to have a high vitality reading would also do it. Other colors of the color spectrum could also be helpful, but keep in mind WL and +G are always welcomed by the body and WL is healing. Sea salt is +G so a soak in the sea would work. Holding carbon paper or carbon rods in your left hand, remembering carbon is Positive Green, would also work. Emon Screens or Bio-circuits cause the body to spin more CW when hooked up correctly. When hooked up incorrectly they cause the body to spin CCW!



Bio-circuits used over time will get the bodies vitality up to 1800 spin. They accomplish this by providing a closed loop so the body is protected while hooked up. The vitalizing action seems to work much like an oil filter on a car, filtering out debris. It feels like a CCW filter, filtering out all toxins. Performing Energy Psychology works well while the subject is hooked up to Bio-circuits. Where Emon got into trouble was with the group Bio-circuit. This brought about too much energy contamination which occurred faster then the circuit could clear.

© Norman McVea Ph.D. 2007 all rights reserved •iBlissNow.com•

The bio-circuits require considerable time and effort to be used and many people are just too mobile to lie down for a few hours each day to take the treatment. The book pictured above is authored by friends Leslie and Terry Patten. It is the most comprehensive Bio-Circuit book available. Pictured next to it is a Bio-circuit drawing.



Picture of Orgone Generator

Orgone generators and chi machines spin Horizontal CCW neutral and CW horizontal, which is the pattern of the LF. There is also some vertical in them from the electronics, if not corrected. When introduced to a body's site of injury, the body part will eventually spin CW when healed.

John measured the cosmos and found its signal to be CW neutral and CCW horizontal just like the LF. It measures like a magnetic field. We take it that LF emanates from the sky. It also provides all 12 colors just as balanced LF itself. Orgone generators are not deficient in the 12 colors as they are self generating. The sky colors change depending on the planetary configuration present at that moment. Thus, so does an Orgone accumulator, as it gets its energy from the sky. It will test stronger on Positive Green at 12 noon. Humans and animals on the other hand are most often deficient in one or more colors. The two colors most humanoids are missing globally are to no surprise WL and Positive Green.

In measuring astrology birth charts, and neither John or I are astrologers, a person who makes and keeps a lot of money has HHG CW in their birth chart. One who makes a lot and then loses a lot has HHG CCW. CCW HHG in a chart is an energy toxin called negative gold; it eats up money and is a Psychological Reverse of sorts. CW HHG is the ability to have money. CW HHG is a positive gold; it accumulates. Limiting beliefs about money spin CCW on HHG. Positive beliefs spin CW on HHG.

With the Big 3, (Higher Harmonic of Gold, Higher Harmonic of Ultra Violet and Horizontal Negative Green), your body does not want them until you are under stressful load and then it requires them. They are an emergency backup system for bodies under attack. They are like adrenalin molecules; they only come when they are called for and not before. John progressed some birth charts to a future time of golden trine or high HHG readings which would equate to a time of luck, winning inclination, positive money beliefs or grace in speculation. Sometimes these favored, historically astrological configurations, only align about once a year or less. He noticed that the body did not want them when placing this chart over the left foot. However, as soon as John or other test subjects got ready to

place their bets or even started getting emotionally involved in a game of chance or horse race, the body wanted the CW golden chart energy. You must be *engaged* in the speculative activity before the winning energy comes in.

The business win time charts are only wanted by the body when business decisions are being weighted. The positive business winning energy only comes in when engaged. The charts are a positive CW trend of LF from the sky and planets, an inclination or trend, just like a color or colors for certain modes of activity. The sacred geometry in the sky is a trend with LF as a carrier wave that gets adsorbed by human bio-fields. They are geometry generated compression waves that are energetic pre-dispositions. These same, or nearly same, signals can be generated by you using LF and visual trends and target or kinks. We will discuss this point later.

### **JOHNNY AND THE HURRICANES**

John, through what he calls quantum, has been able to instruct the LF to carry out many activities, and he can measure in his lab whether the instruction was carried out or not. He uses a computer and a set of symbols to get his message to the LF duplicated. During last winter, he took a steel plate and asked the LF to connect it to a hurricane in Florida. He was able to measure a CCW spin on the plate that lessened as the hurricane died. The hurricane can also be measured for 12 vital colors to see if it is a more meditative or angry one. The number of CCW spins indicated strength or negative vitality. Is it a high or low spin hurricane?

### **Energy psychology**

#### **Negative thought buster**

During the last year, I took EFT trainings from Lindsey Kenny and Zoe Walton and found it a most worthwhile investment. I learned to perform EFT in their progressive way. After becoming proficient in their more progressive manner of delivering it, I added various energy fields. I found that adding CW energy in any form increased the results. The more CW I added the faster the release. Adding Chi Kung energy, which is Horizontal CCW neutral and CW, also speeds it up as the body again makes CW from the 3 modes, yin, yang and static of LF.

I should also mention that we now have a very powerful CW WPG field it allows the following. Our test subject was having trouble with a friend. We simply had him say the friend's name a number of times. The spin from each EFT accupoint went from CCW to Neutral to CW as the name of the friend was repetitively said and then finally (CW) healed! Another test subject experienced conflict on a bus when certain riders talked loudly. The subject carried the CW card as they rode the bus. In a few days the CCW charge blew as it was re-activated nicely by the "loud" passengers causing re-activation of the earlier, similar experiences and released more of them each day. No tapping needed and no tapping performed.

Lumin White of Transformations was most instrumental with this by building energetic movies, audios and energy pictures of the LF field for us to experiment with. Lumin had much earlier produced 18 energy CD's for me back in the old Oxygen Research Institute days. (Deborah Stuart still heads this company under a new name of High Chi) His advanced energy jockey abilities and exceptional audio and video engineering skills made this work really fun and quick to pay off. We got the gold! Lumin is a master of subtle energy in many forms. I always took these to John for measurement. In the beginning they were most always CCW vertical until we learned better. Nothing beats John's accurate measurements as a feedback loop!

After working with and succeeding with audio and video thanks to Lumin and Richard Olson, I went to the next stage by placing our earlier WPG on to a credit card size card and holding it in my left hand or in a pocket against my body while doing the EFT finger dance with my right on my accupoints. I also found that by carrying the energy card daily, smaller stress incidents released as they occurred as in the earlier bus test! The WPG is CW and it quickly neutralizes vertical CCW vectors of energy hitting test subjects bio-field space, from such sources as electronic equipment, earth lay lines, people's CCW stressful intentions, etc. CW fields add to EFT's effectiveness.

It was just at this time that John stated that the WPG that we were using needed to be further *tuned* for best results. The literature on WPG states that it is above all an *anti toxin* to negative or CCW vertical energy. He wanted to try various configurations of it to determine each formula's neutralization capacity. He tried astrology golden trines, HHG, WL, golden mean, fibernachi numbers, LF, various colors, sacred geometry, gold ore and various other metals and substances combined with WL and HHG. He also tested their AAAD or non-localized properties to tune them for highest projection results. He also added HNG to it which is the shortest wave in the known universe. HNG further adds to the WPG's ability to instantly *transfer* or *project* (as in powder of projection) supplement energy (energy grafting) such as green tea, from one link powered by this carrier wave, through hyper space, to a duplicate link anywhere in the world. Whatever color, number, letter, code, formula or substance sent arrives at the other end with 100% duplication, with the total field in tact down to the last subtle quality. Through the quantum field these identical links instantly talk to each other. The formulas also have been tuned to talk to a test subject's stressful energetic memories.

It is most interesting with John's addition of HNG into the WPG mix. HNG is the smallest, most permeable wave we know of. Ancient researchers describe WPG as grains of powder so fine that it disappears into your fingerprint. The addition of HNG makes the WPG formula now the finest wave in the historically known universe. HHG is the highest wave in the known universe and HNG is the smallest or finest wavelength. It also now more finely fits the statement "the light

off lights". I tested various configurations on human subjects, with muscle testing and in research sessions, to record the speed of energetic detox.

John describes his research findings of this formula as HHG being an anti-toxin. Another word for toxin is *distortion* resulting in degradation of a bio-field. Energy Toxins are *distortions* in the bodies' energy field. Energy Psychology terms it as a glitch or an interruption of a coherent flow of chi or LF. WPG is a very high resonance coherent signal (HEAP High Energy Attractor Pattern) that creates order out of chaos. It supplements energy emitting from your right hand while tapping accupoints, transmuting CCW spin to CW. WPG opens the energetic boundary or membrane separating conscious from subconscious. It becomes less solid, due to HNG's ultra fine waves--thusly is more permeable. You are more able to "see behind the scenes". When you supplement WPG in the tapping process, you increase the CW spin of the body's field, boosting the very rays or frequencies that release energetic distortions, the fastest that we have seen. You are clearing energetic distortions in the bio-field by discharging CCW energetic memories of past trauma. WPG seems to very much be the frequency of release.

Truth is a non-distorted energy field. Lies are seen as distortion. Truth in the 3 dimensional model is distortion free memory of an exact time, place, form and event correctly placed in space and time. Any alteration in or lie in that past memory is distortion. It is CCW. In muscle testing CCW vertical fields weaken the bio-field. WPG can be seen as a transmutation of distortion into higher coherent waves of CW light.

With the addition of HNG, we vastly increase the informational transfer potential between links. Both WL and HNG are the two quantum carriers of non-local AAAD info. Powder of *projection* is now understood more fully to mean projecting information with 100% duplication, or data transfer from one link to another, across any distance. It is also means a very measurable AAAD. WPG and all of its various formulations are quantum forms of exotic energy. They are not limited by space or time. Quantum is all at once. If you envision your bio-energy field as a light body composed of 12 colors of various intensity or vitality, then a high resonance attractor pattern is as valuable as it clears the distortions that block vitality. An ideal process would balance the 12 fields for each color or layer of vitality.

I do want to mention here that the Egyptians mixed WPG with various herbs like Frankincense. It is a viable method of raising the vitality of the herb and delivering it effectively to the bio-field. We have formulated some WPG mixes ourselves as you will see later.





### **The field of Mfkzt** pronounced Mufcut

In researching various forms or frequencies of WPG, one particular harmonic frequency or harmonic band stepped out to take the prize. John also figured this out by basking in this high spiritual field and discovered how to reverse engineer it, to make it as a substance! The work was hard going for 6 intense months and he only managed to make a few grams of it! The good news was that it was pure. The bad news was we would need an Egyptian assembly line and a large temple to make much of the mfkzt, pronounced Mufcut, as the Egyptians call it. It is a process of both precise alchemy and chemistry to make this quantum powder. We both thought it was again the end of the line, but were bailed out by the 4<sup>th</sup> dynasty Pharaoh that called the emanating light waves from the WPG “the field of mfkzt.”

Because John’s engineered sample contained a very pure WL and HNG, AAAD properties were the highest tested. Its anti-toxin properties were also the highest tested over the 6 year period. We found that when a link was placed on the WPG sample in the vial, and an identical distant link was measured, that it’s AAAD anti toxin qualities were supreme. It took on John’s old Sony TV that had given us much Vertical CCW trouble over the years, and got it spinning positive or CW in few seconds. When the energy link card was placed behind the TV, the CW vortex coming out of the TV tube and speakers was large with no ripples or harmonics of CCW. Not a wave was out of place! The gush of CW energy would put a smile on our faces, soon resulting in laughter. It was a very vital spiritual high. That same link card placed on electronic devices neutralized every appliance in John’s lab-microwave, TV, lamps, computers and computers, all with much previous amplified CCW distortion. It even cleaned up a 40 ft high lay line emission that shot up CCW 40 ft up from John’s floor. We also made many copies of this original alpha numeric code link, and found that the WPG had the horsepower to go to hundred and thousands of links with no losses. Note--not all links or energy cards can run multiple links; this master link mentioned here is a Master Card or direct tie, using special equipment, to John’s physical powder! (Caution--The energy cards we make available should be used for only one link or one person at a time.) Its (Master Card) power output was so strong that nothing could flow back through the circuit we gave it, as the powerful CW output neutralized any and all reverse waves or feedback. It was like a diode that regulated or allowed only a one-way output flow.



### **BURST ENERGY**

In the past, there was a vast difference energetically between one picture and a sequence of pictures connected together and flashing in movie form. When the single pictures were tested, it gave a burst of energy as in a capacitance discharge, then the pulse would die. Dowzers and other diagnostic techs made a fundamental error in thinking that if you get a 2 minute burst that the sample would continue this same output all day--every day. Indeed, some samples John tested performed quite well for all of 2 minutes then died. If you then re-touched or re-gripped the sample again you get another 2 minutes of burst. John in his dowsing capacity would, as mentioned earlier, place his arm in a sling for 30 minutes, as he tested whether the sample produced a continuous outflow. John says that if it passes the sling test for 30 min then it will continue to outflow 24/7. Most all single pictures up to this point would burst energy for a few minutes then die. John discovered how to place movie style burst energy into a single picture so that it worked like a movie, with each new frame flashing or flicking every 1/26<sup>th</sup> of a sec, giving a new burst. The earlier problem of a single picture giving only a few minutes worth of energy and then dying has been solved. Now a single picture or single card or frame acts like a movie, giving a continual energy burst to a single frame. It creates both movie type pulses and bursts in a single frame or card. Before this development, we were testing with a Quick Time movie on a computer, iPod and phone screen. The movie which was required to be playing or running took up much memory and was most challenging to e-mail or down load. A single or static frame that acts like a movie is a form of energetic compression that loses none of the valuable energetic code, but is so much easier to use.

### **Remote Viewing example**

One hot day last summer I was sitting outside and I had a few Gold energy Quick Time movies running on my laptop computer screen courtesy of Lumin and Richard Olson. I got blissful and decided to listen to an internet radio talk on

© Norman McVea Ph.D. 2007 all rights reserved •iBlissNow.com•

Remote Viewing or RV. I have never been trained in this, and never really had a real purpose for it. I did know famous RV researchers Hal Putoff, Ph.D, Pat Price and Ingo Swann a little from earlier studies. I started listening to the program, and my first reactions were that RV is not possible, even though consciously I really believed, or thought I believed, it was possible. My subconscious said otherwise. Next, my mind said that they were making it all up. They just were trying desperately to sell something. Now realize consciously I have the most respect for these 3 researchers and the subject of RV. Unconsciously it was a different matter. Who would believe this tripe? After a while I thought that maybe they could do it a little. Maybe, through lots of stressful practice, they could achieve some results. Then, a little later, maybe it is not hard if you intend to. Then maybe EFT would help. Then, all of a sudden, I thought maybe I could do it if I really wanted to. But I don't want to! Soon, I was looking at a Sedona mountain side with incredible clear and detailed vision. I even felt the WL energy of the vortex. I felt the sun and wind and a floating feeling. I was shocked! Thank you 4<sup>th</sup> dynasty Pharaoh for so accurately describing the "field of mfkzt".

What happened, I believe, was what happened on other various subjects I concentrated upon while in the "field of mfkzt". I had earlier, before knowing this field, concentrated on cleaning the garage, cutting and trimming trees, fixing household items, organizing my office, etc. Each project or intention I had, also had major resistance or CCW charge or bio-magnetic fields on it. I had been thinking of some of these bumper projects for 5 years without doing anything about any of them. Procrastination. When I thought about them in the *field of mfkzt*, the field of WPG interacting with my visualization cleared my counter intentions. It released subconscious reasons, limiting beliefs, traumatic incidents and objections till I could visualize the physical area, and then the job, and then the completed job. The WPG cleared my distorted intentions. It allowed me to release my resistance, and then I could see the projects clearly, and in fine detail, like the beautiful Sedona Mountains. Thank you 4<sup>th</sup> Dynasty Pharaoh.

### USB KEY AND MP3



We found that on a USB key or mp3 player the link or coded single frame need not be a movie as I described earlier. It need not be booted up into RAM to release energy. If it is on a memory chip, stick, or USB key, the device keeps it alive and connected to that single frame program. I have experimentally loaded many single frame pictures or energy cards into a USB key and carried it around

my neck. It does, indeed, keep my field quite clean. If I get more stressed, I can tap on it to activate a pulse wave into my body for fasted, deeper clearing. This pulse is truly a Quantum wave. Our earlier research showed you could hold an energy card in your left or input hand and tap EFT style with your right. This was a faster EFT. Then we tested Touch and Flick, which was touching the card with the left hand (input) and flicking to the ground or into the air with your right hand (output). This method worked still faster. As the energy card or Q card became more powerful and more efficient, *the advanced process of tapping the Q card was born*. This is the fastest methodology tested to date. These Q cards, for some reason or another, will only send energy by direct hand contact through only one layer of clothes. If you place your Q card in your pocket make sure there is only one layer of clothing between the card and your fingers if you intend to tap! Place the card on the left side of your body, in a shirt, coat or sweater pocket or pouch belt. Place all of the fingers of the left hand together, and have them all together touch the card or tap on it--all at once. This tapping makes and breaks connection, generating a burst. If you are experiencing just a little stress while carrying the card in your pocket, it might just clear it automatically without any more doing--meaning without tapping. If not, then tap with all of your left hand fingers all together, making and breaking connection with the card, at a slow tap rate, such as one tap every 3-5 seconds. If the stress is more severe, speed up the pace to tapping the card every 1-2 seconds, until you feel yourself in the now and feeling blissful again. Some call it "floating lightly in the now". The motto here is the more stress, the faster the tapping, the less stress the slower the tapping, and a little stress should clear on it's own, just be carrying the card.

**When Energy Card Tapping a Quantum pulse or burst of energy is generated that passes through a bodies bio-field and all accupoints!**

Each time you are touching and letting go of the card with your left or input hand, fingers all together, *a Quantum pulse or burst of energy is generated that passes through a bodies bio-field and all accupoints!* When you let go of the card the pulse is cut or broken. As you tap, you are creating at your own speed, born from your own need, a sequence of quantum pulses. Faster pulses pulse more quickly, and thus more deeply, clearing stuck and stagnant chi. If you are in a major stressful situation, the fast pulses are necessary to clear quickly and deeply all layers of the bio-energy field. With this tapping action you control the frequency of the pulses on an as-needed basis. The card and your bio-field form a feedback loop, and soon you learn how to tap based on how you feel and how you want to feel.

Tapping on our Q card that is located in a pocket or pouch is not a visible display to others, which reportedly caused some concern and embarrassment for accupoint tappers, while performing this function using EFT in a crowded location such as a bus, train, office meeting, restroom, store, etc. The whole card tapping process is simple yet powerful and discreet for those who do not wish

© Norman McVea Ph.D. 2007 all rights reserved •iBlissNow.com•

questioning eyes cast upon them while dealing with trauma. It is quite enough for some to successfully cope with trauma, without appearing strange and feeling uneasy during the formally conspicuous tapping process. The outward action of tapping the accupoints for some has kept them from using some of the most helpful forms of Energy Psychology, and has thusly given stress an unwanted foothold. It is always best to release this reactive patterning on the spot, instantly, as it occurs and in real time. The form of a Q card has provided many desirable functions.

Earlier on John designed a Q card that deliverer CW energy to the EFT points, it was like the Big 3 energy which was only activated on an as-needed basis. This card was weaker than our current energy, but it kept upsets from going or blowing up into major events. The Q card cleared the EFT points when stress rose to about a 5 on the SUDS scale, with a 10 being the more stressful. With the advent of the more advanced card, the CW energy is so potent that it need not go into the EFT meridian accupoint system. It, instead, immediately enters the body's energy field and releases vertical CCW spin from all quadrants of the bodies' bio-field, all the while inclining vital CW acceleration. It need not go through just those meridian points, as it cleans the whole body's field, all at once, like the Bio-circuits. When the card is placed upon any electronic device, it corrects that device's CCW horizontal vertical spin to CW immediately. At first we were envisioning using a Q card for each detrimental electronic device. For some offices there are up to 50 offending electronic devices and human bio-fields--imagine, copiers, computers, WiFi's, lights, heaters, air conditioners, circuit breakers, static electricity from rugs, carpets, drapes, phones, switch boards, intercoms, plugs, extension cords, TV's, lay lines, office communication stress, upsets, stressful people, cosmic rays, audio speakers, audio amps, wireless headsets, video projectors, etc.

The easiest and most useful method, in most cases, is to have the test subject wear or carry an energy card. This clears the energy at the receipt point and saves time and money in purchasing and fastening cards to each adverse item. If one wished to clear the entire room for the benefit of those visitors who are not wearing a card, then you would get a more blissful room and a space which some may consider a power spot or sanitary.

In clearing a room, the more effective method we have found, keeping to a lower budget of time and money, is to place a card in each corner of the floor of the room. Then in progressive gradient steps--next place a card on each ceiling corner of the room. Next, take the largest window or all the windows if you wish and place a card on each corner of the window glass. This structures all light coming through the glass into CW. The sun and other lights coming through gets structured into a vital energy field CW--the same as in positive words or speech. Next, place cards on all power cords of all appliances or the backs of them, and the outside of the electrical box, water pipe, gas pipe, cable input. If you want

© Norman McVea Ph.D. 2007 all rights reserved •iBlissNow.com•

the max bliss from a computer or TV screen, put a card on all 4 rear corners of the back of the screen. The entire video signal will be transformed as it flows outward. Next, have all personnel of that area carry energy cards. A divine resonance is created that needs to be directly experienced! Clearer and higher relationships are engendered when all subjects are high resonance!



One of the most difficult devices to straighten out was my new DLP video projector. Thanks, John, for taking on this project. It is the classic generator of multiple reflected vectors of energy generated very fast with moving mirrors. The device does a big energetic figure 8. This is the most harmful energy pattern and will cause psychological reversals and jitters quite fast. John measured my field earlier on and found it to be oscillating in a figure 8. We narrowed it down to the DLP video projector after John tested many of them at a showroom. It has many vectors of light energy beaming around at an alarming rate. Bystanders go quickly into oscillation with it. The projector works as a meta-program to entrain your field to oscillate. Your energy goes back and forth like you are stuck in a groove. Your own thought operates against a great counter force. I became so weakened sometimes I was Psychologically Reversed on getting up off the couch. The good news is that a card on the projector clears it. John also came up with a clear experimental card that the projector light can shine through, and a noticeable softness and calm sets in during its usage. Along with DLP projectors, lights in night clubs that flash with mirrors or move around or strobe are the worse offenders. John went to a rock concert with his test equipment and found that all the amps together and all that wattage produced a fast figure 8. The more vectors of energy running in a space, the greater the distortion to the bio-field. Even in these extreme situations a card on the body clears your field. You can try this experiment. Use a pair of computer or small book shelf speakers and 2-3 cards. Place a card in front of each speaker resting against the speaker from which the sound emanates. Place a 3<sup>rd</sup> on the CD player or amp. Notice the difference. All sounds emanating from the speakers are structured with CW energy. Notice the difference. Coherent sound? Most report restful, relaxing, vibrant, vacation-like, clearer, cleaner, soothing, magical, blissful listening.

I especially like having a card on my iPod and Mp3 player. I use these devices a lot, and placing a card on the front where the light comes through, causes the light to further activate the card and all audio and video signals will be processed with what we call 12 D Sound-tm and video.

An energy card also helps my cell. I confess to still being somewhat bothered by the frequency aspect of the cell. The card transformed the CCW but not the unwanted high frequency pattern. The card has at least transformed the energy field part and has therefore changed part of the problem. I am much more sensitive than most to electronic devices, sometimes for the better and sometimes for the worst.

If you intend to energy clear a whole building, office, retail store, hotel, restaurant, house, product or product line, I will discuss this possibility in depth later in the copy. It is possible for us to continuously clear and vitalize a space bringing about a transformation in peoples quality of experience. The space can be trended to focus on a desired outcome.



### **THE SANSA PROJECT-**

The best and most affordable electronic personal bliss device available

John found an Mp3 player called SanDisk Sansa which has a 2 gig storage capacity. The unit is both light and small, a few times larger than a standard USB key. It comes with a lanyard, to be carried around your neck much like a piece of jewelry. It also has an extra 1 gig chip drive, so that you can hold extra audio and photo files in a separate removable chip. The extra removable chip drive has been handy for research when you want to play just one field or group of fields, isolated from others. John and I utilized his WPG vial in conjunction with other equipment that we had developed to make audio files containing WPG. Lumin created many models to test. I loaded about 1.5 gigs worth of these energy audios in Mp3 format into the player. As I have touched on earlier, a USB key, or storage chip, has all the programs on it stored in an energetically active mode. A hard drive, as John measured many times over the years is different. With a hard drive, each energy file is only energetically active when booted up and/or running. The USB key, however, holds all programs *active* at the same time, regardless which if any are “booted up and running”. This means that you get a full 1.5 gigs worth of energy field in the Sansa player that is active 24/7, all at once, whether the unit is turned on and playing or not. When you then boot up an Mp3 audio file and are playing it, the played file becomes mega amplified over the other lesser active ones, and you get the amplified selected one with a background flavor of all the others at the same time. The results are stellar. Note--Keep the volume no higher than  $\frac{3}{4}$  high. Full volume causes oscillation as the unit is driven into distortion. AS IN THE HUMAN BIOFIELD, OSCILLATION

© Norman McVea Ph.D. 2007 all rights reserved •iBlissNow.com•

EQUALS DISTORTION! The higher you turn the volume the more you amplify the energy files, ¾ volume is max! Soon you will find a comfortable setting for your own bio-field, one that keeps you clean and in the now, but not so highly amplified that you bliss out during times when you should be in a more here/now detail-oriented mode.

I also created energy files of WPG in picture jpeg format, using a special program John and I developed relying on Johns advanced measuring skills. The Sansa player can play both a slide show of these energy files stored in encoded images at the same time, while playing the WPG audio file looped. The rechargeable battery on the unit will last about 12 hrs with just audio and much less with slideshow and audio played simultaneously.

Thus the Sansa Mp3 player can perform the following energetic functions-- in USB key format with no audio or slide show "playing all" of it 's files; all are energetically active 24/7 with no re-charging needed and no playing necessary. You can have the player in the off position hanging around your neck like jewelry in the "off" position and get major 1.5 gigs worth of energy benefits.

You can play any one of 10 audio energy programs in looped form:

**WPG** - spiritual bio-high, stress release, clearing and blissful

**Positive Green** - stimulating, clearing and energetic

**Vita** - alternative to substances high

**Vital** - stimulating alternative to substances bliss

**Mary Jane** - alternative medical marijuana like properties

**WinTime** - ups your confidence for winning in an game

**Morph** - relaxing, meditative and blissful

**Pos Green morph** - relaxing yet mentally stimulating

**Rush** - sexually stimulating

### **Photo and video Programs**

**WPG** - meditative, serene, calming, clearing, spiritual bio-high-high resonance, very high energy wealth attractor pattern, Quantum gold with strong AAD and substance energy transference properties,

**White Light** - releases stress and trauma fast, clean sweep, strong AAD properties,

**Intuition** - open subconscious for deeper listening and discovery

**BIG3** - spiritual bio-high of the Egyptian priests, powerful transformation and clearing or CCW fields



**HHG** - the energy of wealth and high resonance wealth attractor pattern, makes you feel like a million dollars

**Coca Leaf** - Positive Green and stimulating coco plant leaves, mentally sharp focus and clearing, good work-a-day world energy

**Bio Parts** - Clears each organ and bio system individually of CCW vertical fields for a deep clearing using WT LT

**Life Force** - all 12 LF fields all at once. Gives a burst of vitality, works well with coco leaf card, stimulating

**Relax** - psychoactive relaxing and letting go energy field formula

**Sedona Vortexes** - White light plus red energy mix that transports the CW magnetic vortex energy to you –all 18 in one program

You can play both audio and energy file photos in slideshow format simultaneously for max results

You can play just slide show

You can adjust the volume to fine tune the energetic output to taste

You can load the player with 1.5 gigs of energy programs and then load the last .5 gigs to make a total of 2 gigs with your favorite lectures or music. These previously non-energized audio programs when played, will now play as energized because of the 1.5 gigs of energy charging files the Sansa unit stored in an active memory position. If you choose to play your music while running energetic WPG slideshow simultaneously, you will get an even further energetic boost.

You can play your music library using headphones or jack it out to a much larger audio system. If you play your music while running WPG slide show of photo energy files you get even a more expansive energetic effect.

You can also record internal FM or use the internal mike to record concerts or lectures, etc. and all of your recordings will be energized. You can record a live concert, FM songs or lecture and the 1.5 gigs of energy files will structure all of your other material.

I do not mean to imply that this \$45 Sansa system will produce sound quality like a professional recording studio. (I work with audio and video engineer Lumin White at Transformations for all of my professional work.) I do mean, though, that for about \$50 and the cost of our energy files software package that you can

© Norman McVea Ph.D. 2007 all rights reserved •iBlissNow.com•

get all the value of WPG in a very convenient and portable unit that performs a number of energetic functions.

### **Negative stress buster**

The unit, regardless of what format you use or what energetic program you are running, will generate a CW horizontal energy field or energy cocoon around your body. The programs will neutralize the ordinary CCW vertical field of all electronic devices and make it Horizontal CW which makes for a smoother more vitalizing listening. It will help you stay more blissful, stronger and freer, in high resonance and freer of triggering past incidents of stressing life. Should you encounter stressful reactions that do not clear in your current mode of usage, take your left hand and place all of your fingers together, so that when you tap on the Sansa or Pod or similar MP3 player unit, you tap with all 4 fingers of your left hand simultaneously--all together, just like you tap on an energy card. Just tap on the player as you replay or re-live the stressful incident, or as you encounter it, and tap slower for a little stress and faster for more stress relief. Breathe and watch the patterning release as you bliss out. Many people report the feeling of release is like floating blissfully in an ocean of now-ness.

The more stress you experience the higher the energetic mode you will want to select for your player. Major stress deserves the WPG audio playing while running the slide show, while tapping for a minute or so or till relief. Just keeping the MP3 player in the off position hanging around your neck will help clear your field of most fluorescent lights, computers, WiFi's, TV's, past stress revisiting, current smaller upsets, etc.

You may in some mega electronic soup environments, where there is a large amount of electronic devices and human emotion and reaction, turn the device up a few modes to achieve release.

If you are located at a desk you might patch your Mp3 audio output into an external speaker system. You can turn up the Positive Green program that features ocean sound and tap with your left hand fingers on the speaker.

Not all of our audio programs are meant to be played for listening purposes. Most of our audio programs utilize a special computer's energetic output and sound very strange with beeps and various audio frequency signals or codes. They are meant to be played silently with no headphones, with the player around your neck or in a pocket at  $\frac{3}{4}$  volume. Playing the audio tracks without headphones plugged in causes a field build up, causing your audio device to emanate a both large and dense 360 degree field that is quite profound. The Positive Green track features ocean sound and is very clearing and stimulating and is designed to be listened to or employed for a vacation-like auditory background. This file is great background sound with headphones or external speakers. It is also very good for shielding out annoying outside sounds by

© Norman McVea Ph.D. 2007 all rights reserved •iBlissNow.com•

playing through headphones. It works well on planes, noisy offices, locations where car and street noises abound, etc. The soothing ocean sounds automatically blocks outside sound and the balancing energy improves mood and provides a sense of well being. The programs are also very useful for super learning. They release resistance to new ideas as they smooth out your attention and create a state of here-ness and now-ness with a blissful centered feeling.



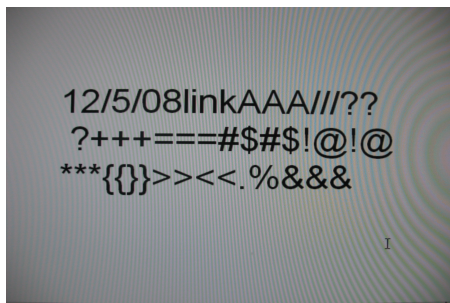
### Computers- laptops

The next level up is a package we offer that includes the audio energy video photo files but in a highly amplified and quantumized state. This takes advantage of a computers ability to hold more bits of data without compressing them and thus avoids losing some of the files power. A computer can also run a stack of QT video files where a pod or Mp3 player can only run one at a time and in an unwanted, lesser than, compression format. A computer also has greater amplification factor in its audio circuits and size of its video screen.

There is also a much larger and also higher definition screen providing more amplification with much faster processing speed. Our iBliss computer software programs make full use of uncompressed and faster running energy program capabilities. To keep your computer CW and clear, just run one QuickTime program in a small reduced size in a corner of the screen or place it in max size, behind what you are working on. Notice the difference.

Below are two live links now receiving broadcast from our more powerful system. The links contain and emanate BIG3 energy and a strong CW spin. Enjoy it using it with your computer, pod, phone, or print it out. If you delete even one character or graphic of it –it will cease to work. Try it and see.

LINK 1



© Norman McVea Ph.D. 2007 all rights reserved •iBlissNow.com•

## LINK 2

12/5/08linkAAA//??+==#\$\$!@!@\*\*\*{}}>><<.%&&& This alpha numeric code plus graphics is a link to an energy transmission system. If you cut any part

12/5/08linkAAA//??+==#\$\$!@!@\*\*\*{}}>><<.%&&& be cut off!

&&&%%###!!???==+

12/5/08linkAAA//??+==#\$\$!@!@\*\*\*{}}>><<.%&&&

&&&%%###!!???==+ -glass



---

## LINKS

If you would like to test the AAAD or non-local aspect of our WPG, then run the audio and video programs while placing a paper link on the MP3 player, pod or computer screen. Choose a one of a kind alpha-numeric code and make an *exact* copy of it. Go to a distant location and hold the link of an exact copy, in the palm of your left hand. You will feel the energy like your hand was on the computer screen or speakers. You might like to place a substance on the screen in capsule or bottled liquid form. Maybe Kava, Green Tea or Ginseng. Then place the link on top of the substance. Hold the exact copy link in the palm of your left hand from a distance away from your sending pod or computer. You have now trended the link with your own custom elixir to perform AAAD.

You could also take a picture of yourself, or an object, from 4 angles and print it out and have that be your link. Turn up the computer sound  $\frac{3}{4}$  output, and then unplug any headphones or extended speakers, if you have such, so you get max audio silent sound energy build up. A photo of your body or object should allow 3 ft of space above your head and below your feet to capture your entire energy body completely. Print out all 4 side shots on a 5 by 7 or smaller print as needed and you now have a potent 3D link. You can do this same process with an iPod or other video screen device. The only draw back is that the pod screen is much smaller and substance and picture link print size has to be smaller.

One caution here is not to mix witnesses or links. This program is a personal program. If you try to run it to other people or objects via other links simultaneously, you split up the energy and cause energy feedback that can spoil your results. You might contaminate the process much as Emon did with his Biocircuit screens with multiple users. The result was compromised and you may

© Norman McVea Ph.D. 2007 all rights reserved •iBlissNow.com•

get some of other people's unwanted energy. John has cautioned me many times on this point. I didn't listen and created problems for myself, him and others. John calls this "a bridge too far". This is a personal system so only process one link, witness or person at a time!



If you have a Power Point presentation to give, a movie to watch, music to listen to, copy to write, accounting to do, or web sites to surf, then run this program behind all of the above for blissful computing with a higher level of creativity. If you are going to run the computer's video through a video projector, then you will enjoy even more energy amplification. I suggest you place an additional energy card above the projector light to transmute the figure 8 distortion. The larger the speaker system the bigger the energy field generated.

### **The Scale of Transformation**

For years now I have watched clients and friends applying Energy Psychology techniques, go up a scale where they became more prosperous, intuitional, energetic, got more right answers, etc. I want to show you this scale so that you can chart your own and clients/patients progress. The scale starts at the bottom with a strong CCW vertical spin and moves up to a vital CW horizontal spin. It can be seen as a scale of resistance to success in life. It is a vibrational scale of attraction. The higher on the scale you go the less resistance you create to life. The further down the scale you go the more resistance or heavier or glue-like life becomes.

Bliss  
ibliss  
Synchronicity  
Unity  
Unconditional love  
Love  
Empathy  
Forgiveness  
Compassion  
Gratitude  
Fun  
Joy  
Disinterest  
Boredom  
Revenge (paybacks)

© Norman McVea Ph.D. 2007 all rights reserved •iBlissNow.com•

Anger  
Passive aggressive  
Fear (anticipated failure)  
Loss (failure emanate)  
Resignation (failure)

Resignation is at the bottom because persons in resignation are at the bottom; they have quit, given up, with no worthwhile game to play, no hope or possibility. They have lost their purpose, goals, game, etc. They next become aware of the loss or losses that make them want to quit or give up. They release the fear of it happening again and the sense of failure approaching or coming. They start to express anger and the anger becomes more open and direct. In the later stage of anger they might want revenge and are in the dramatization of pay back. Soon they feel bored with their anger and revenge and become joyful when it releases. They feel gratitude for their joy and feel compassion for those still suffering. They forgive others and themselves for holding grudges and administering pay backs that cause them to spiral down the scale. When they forgive, they feel empathy for others and then conditional love. As they move further up the scale, conditions release and it is just love unconditional. They feel unity with all living things. Life has a synchronicity or timeliness and they are at the right place at the right time. Bliss ensues and they say iBliss. Then they release the I and it is just pure bliss with no point of ego reference. This is the possibility of Energy Psychology!

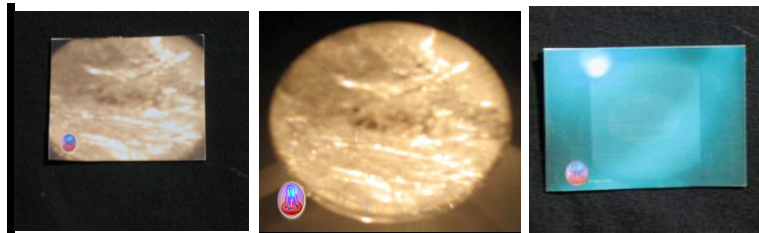
As you perform Energy Psychology processes you should see yourself moving up the scale. When using our energy card tapping process, tap the card with all of the fingers of your left hand, while expressing out loud the unwanted issue, feeling, sensation, emotion, attitude or incident. After repetitively tapping on the same issue for awhile, you will feel it disconnect, release, the feeling shift, you yawn, you take a deep breath, you feel expansion of space or some such extraversion of formally inward attention. Some describe it as “floating in the now or an uncoupling from stress”. You may also have an Ah ha or realization. When this occurs--that is it on that issue. It is then time to move on to another issue or another expression of that same issue catching the tail ender. The tail ender is what else comes up about that issue, after its basic release. The release can happen fast, so pay close attention.

Tail Enders are well define by Gary Craig on the EFT emofree.com web site. Just as a refresher, after the release of the issue worked on, statements may come up that seem to invalidate or negate or contradict that release. Examples of tail enders--I just wish it were possible, why would this have changed for me now after all these years? How then will I protect myself? If I followed that line of thinking I would go broke. All the yeah...buts. Just tap them through also, until you drain the whole swamp.

## MAGICAL MYSTERY TOUR

### Openness and willingness lead to deep release

Try this process to get acquainted with card tapping. Scan your body while card tapping. When you find spots that you have stress with, tap until you get a heart felt shift. Poke around with your attention until you find an unpleasant feeling, then tap it through while saying the feeling or experience repetitively until release. Saying or expressing a CCW feeling 8-10 times while tapping is many times all that is necessary for release. You also may notice yourself moving up the scale, perhaps starting at resignation and ending up maybe around boredom or higher.



### QUANTUM-

There is no power in the universe greater than the power of focused thought-- John Civitan has this quote over his work station.

John first showed me some of this process called Quantum a few years back and I have had the most fun with it. It has a somewhat steep learning curve for some. I have been often challenged in having sporadic results until I practiced more. The Quantum process is setting an intention and having it persist over time until you say stop. I have taken seminars from healers that send a visualized healing intention to a person at a distance and then do no more. John measured some of their energy signals and said that if they would write it down, the intention would stay active and not decay. How long can a healer hold an undivided mental intention for anyway? Thirty seconds maybe? Maybe less!

At the semi-annual ASD Dowsing conference in Santa Cruz, Calif., presenter Gladys McCoy from Ozark Research Institute said that her friend Jim was a road inspector. There was one road that kept recording a lot of accidents. Jim got a map of the road with the intention of fixing each section where accidents occurred. He got the map and drove down the road and marked on the map each place where accidents occurred. He intended to do something to fix those troublesome sections. He placed the marked map in a file cabinet and then forgot about it for awhile. He then noticed that the accidents had stopped at the time of his marking the map. The accidents subsided and after awhile the office was moved and the map got destroyed. The accidents started happening again!

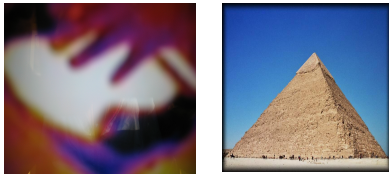
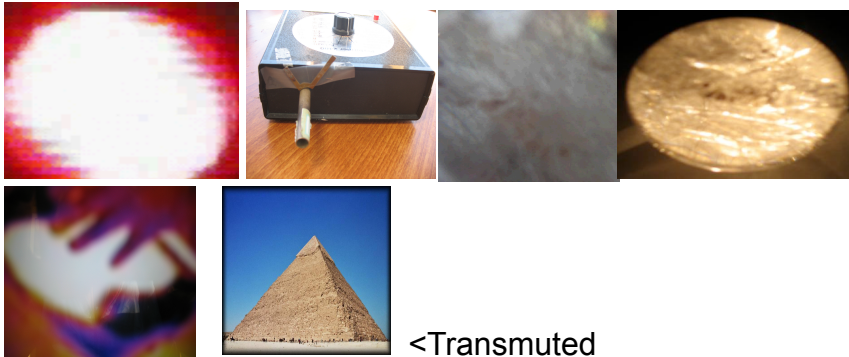
This is quantum in action and inaction. Jim set a clear, concise intention, put it in writing while holding 100% intention and kept the record safe for awhile. To do quantum you need Life Energy. A picture file charged with LF from us will work.

© Norman McVea Ph.D. 2007 all rights reserved •iBlissNow.com•

Use the LF energy file picture of the round light energy field which works well, I will show you an example further on. You also need a picture of a target subject. You also need an intended trend or what will happen. The first time I did this Q thing, I wrote at such length that the LF must have gagged--John did anyway. John's axiom is writing only a few sentences, choosing only the best most descriptive words. The sentence must be held in consciousness all at once. If it is complicated, wordy or you do not resonate to the trend or target, then all bets are off. Example--If you intend to send the energy of Ginseng to a rock then you need a picture of Ginseng or a few pictures, picture(s) of the rock and a LF energy file. Ginseng is the trend, the rock is the target or link and LF is the power or carrier. The LF has WL and HNG in it, which are your 2 carrier waves for AAAD or remote work. Open your computer to a word program and select a blank doc. Paste in a Ginseng picture from your photo of Ginseng or a public domain picture of it. Take a picture of the rock, of that exact target rock, and paste in an iBliss LF picture file. Make a sentence for what you have accomplished. Here is an example-- **\*\*put in q programs\*\*** It must be stated as if the result has already turned out.

LF IS POWER-GINSENG IS TREND-TARGET or LINK Pic is ROCK

Instantly, continually for 100,000 years all adverse energy of my vest and the wearer while wearing it is now transmuted into maximum miracles trend vitality clockwise BiG 3 for the highest good of wearer

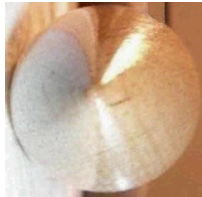


<Link





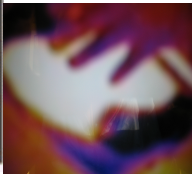
Instantly, continually for 100,000 years this WPG link card link card is connected to all of the WHITE POWDER OF GOLD in the universe PAST, PRESENT AND FUTURE for maximum MIRACLES AND highest results harm to none



< connected



link card



< connected

WPG GOLD Clean.mp3

Connected!!!

Continuing our simple example- you have a clear, concisely worded intention, picture of LF file and Ginseng trend and picture target of rock. You go over and over it until you feel that every word is right for you and you have no resistance to the process or the result. When you read it, you get a smile on your face and a gush of uplift. Before performing the process, do some EFT tapping or clear your energy field with one of our energy programs. You might like to meditate or pray for a few minutes as healer Ozark Research Institute Harold McCoy does.

© Norman McVea Ph.D. 2007 all rights reserved •iBlissNow.com•

(Harold is also an ASD presenter) Then you read the intention re-creating it 100%, making it your own from your heart.

You create a 100% INTENTION THAT THIS HAS HAPPENED. When you are at 100%-- write energize! Or Done! Or transmuted, or something to indicated that it has been done. Your intention if performed correctly is now frozen in time. As long as this word doc does not get damaged, the target ROCK will have the trend intention on it and it will continue to do so until your end of cycle date has been reached. Feel the rock. Have others feel it. When you deliver 100% intention without reservation the rock emanates the Ginseng energy for as long as you have said.

I performed this process on a piece of equipment, friend and client, Scott Borders, held it and he said that he would have trouble holding this object for very long as it was very potent and he got meditative fast. You can quantumize with any trend energy! I have quantumized my hot tub, pool, sauna, water filter, clothes, iPod, jewelry, Q cards, and sporting equipment. You can do many separate layers on one object, as long as you do each individually, one at a time. You can trend the target with any substance you resonate to. Some quantumists do not like some herbs, some resist certain vitamins and some do not understand chi. Yet for each one there is at least one energetic substance--gemstones, Sedona power spot, and/or pictures of saints, that will make a nice energy transfer to practice with at first.

John has a young nephew in the Philippines that was out of school with tonsil trouble. He had lost considerable weight, as he couldn't eat very much. John had his pictures or witness. He sent the suffering school kid a neutralizing substance that spun CW horizontal. Remember a sore throat or sore anything spins CCW vertical. He found an anatomical picture of a good throat which of course spins CW and sent that through Quantum. The nephew's throat got the idea by going into resonance with the WL (healing) and picture of its ideal state. The throat started resonating with the ideal tonsil meta-signature. Soon it was once again a CW throat and the young nephew was well and back at school gaining serious weight.

Here John skillfully performed AAAD using WL and LF and a trend of a good throat. John performed Quantum by placing an intention of 100% focus using a word program to put it in writing. The healing intention will continue to focus 24/7 until the end time has been reached.

It is far beyond the scope of this book to teach people how to do quantum; this is realistically a workshop activity. This brief explanation is meant as a guide and a goal for what is possible. Still, there are some magicians that will pick this

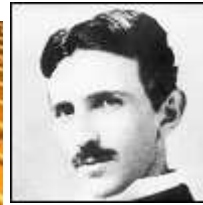
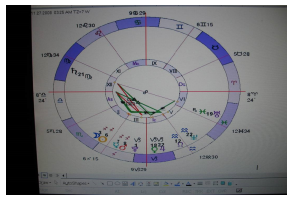
© Norman McVea Ph.D. 2007 all rights reserved •iBlissNow.com•

process up fast. I have enclosed some of my favorite quantum projects to, again, stretch your beliefs of what you could do for your household, product line or those that ask for help.

In the sample quantum projects shown, I have deleted my target object. The reason is that in your experiments you will influence these target objects causing changes that would throw off my measurements. Just simply use these programs as cookie cutter programs and insert your own picture of target subjects while making slight word changes. Be descriptive of what specific results you intend the LF to manifest for you. Write it as if the results have already happened. And keep it simple. Practice and card tap to release any belief in your way of generating 100% intention without limitation.

I have noticed as I have done hundreds of quantum processes that I have become more and more conscious of the power of my word(s). Swearing and cursing were childhood hobbies for me. So was lying. It is not possible to command or intend the LF to do certain things for you intentionally and not the other times when you say intentions angrily. Get conscious of saying things you do not mean or would regret later. The LF will do what ever you want, if you truly 100% want it and can state it clearly and concisely. In case you are wondering -- John and I do not know how to manifest physical objects like a BMW or a Lear jet. Sorry! We do know how to pray energetic results into being. Practice makes perfect.

## CONNECT TO \_\_\_\_\_



In using Quantum, John found a most interesting manifestation. You can provide Q with trend energy to transmute another undesirable energy into. You can also ask Q to connect a card, object or, as John previously did a metal plate, to the energy of a specific hurricane. You can have Q connect a card or object to any energy you want (trend) past, present and future. You can connect a target link or object to any trend object, person or place.

Let us say that you were doing a science project and you wanted the help of Nikola Tesla. You wanted him as your personal energy coach. He was, and now still is, a great inventor-- as to Quantum past, present and future are all now. You could get a picture of Nikola Tesla and LF and ask Q to connect your target card or object to the energy of Tesla. This works!

A higher result is to connect this card to the *exact greatest time of his highest creativity. Connect to the exact highest peak of his productivity; the exact highest point of his clearest scientific vision.*

If you connect a card or object to Tesla's birth chart or just him in general, you might connect to a low point in his life. Remember the Tesla energy will not come in strong until needed. Carry the Q card link when you are working in that field. Tesla energy will probably not do much as a finance coach for you so you might want to make a Bill Gates card for that. When you are fully focused on a scientific problem, the Tesla energy will come in. When focusing on money, Gates energy can help; choose your card by the exact activity you want to enhance. If this seems unbelievable, then tap on that belief. Quantum is a world where everything is possible, as long as you build a proper field to match up to your desired result.

What ever energy coach inclination or influence you ask for will come in, be it Edger Casey, psychic, W.G. Gann, financial astrologer, Elvis Presley, Frank Sinatra, Neil Young, musician, Jesus, etc. When the trend is still living, you connect this card to the highest level of creativity of Barack Obama, Neil, or Madonna--past, present and future. For a living person this covers all quadrants!

## **REMOTE WORK**

### **Remote Influencing**

Ever since John applied an AAAD program to a friend's store and increased business, I have thought this possibility to be a major result and contribution to many people I knew. John and I have developed instrumentation that allows a measurable AAAD energy transformation to occur. I only require photographs of the target location, building, room, product or product line to broadcast a series of energy programs to that target. We have experimented doing this on locations and products like jewelry, gemstones, books, clothing, retail stores, homes, liquids, health products, etc. with great success. The value of this service is that we can measure the target to discover what colors and signatures it is deficient in to fulfill its purpose. I can then send this corrected energy program to the target until the intended result is accomplished. We can also tune and re-tune the broadcasting program to get the highest result possible. We have only limited facilities and limited time to do this work, but we do enjoy the process. Contact us for consultation.

# high Chi™ Energy Jewelry

Energy Jewels



Gods & Goddesses



Sacred Geometry



If you would like a sample of John's work and want to experience energy embedded jewelry, then visit Deborah Stuart's web site. I would like to publicly thank her for her support of John and her creation of a leading edge product line. John and Deborah have created a proprietary energy formula for all of Deborah's jewelry line. Her jewelry is beautiful, elegant and very useful. It performs something like an energy card delivering CW Horizontal vital spin. The metal medallion, chain, energetic engraving and energetic gold plating give it a very special field. It can be tapped on with the fingers of your left hand, like an Mp3 player or energy card described earlier, to clear larger stressors. Independent Researcher, Glen Rein, Ph.D., tested her jewelry to discover it had a very positive effect on cell phone electronic smog. If you want to know more about Dr. Rein's testing results or have jewelry interests or just would like to see and feel the energy transformative effects of her jewelry line, you can contact her at HighChi.com. - 415-868-9050.

Thank you, Lumin White, for all of your breakthroughs and support. If you have audio or video needs or would like energized recordings, contact Lumin at Transformations at [Lumin8@comcast.net](mailto:Lumin8@comcast.net)

Thank you, Richard Olson, for creating audio, video, photo and energy systems from nothing and being there from the beginning. If you are interested in

© Norman McVea Ph.D. 2007 all rights reserved • [iBlissNow.com](http://iBlissNow.com)•

webinars, pod-casting, tele-webcasts or desire technical consulting along these lines then contact Richard Olson at [conculant@enviro.org](mailto:conculant@enviro.org).

Thank you, Sharon Hart. She has edited these materials and has been involved with a lot of the Energy Psychology research. Her past psychological training in voice dialog and her teaching at Hartmont Institute, which she founded, have served us well. Her non-profit, conscious media group, ATMA, can be reached at [sharondhart@sbcglobal.net](mailto:sharondhart@sbcglobal.net).



### **LEAD INTO GOLD**

It is my belief that alchemy is and was a sacred science. It never was really about transmuting physical lead into gold. I believe that this tale was part of the church's negative PR or dis-information campaign to discredit this path of enlightenment. WPG or mono atomic gold or god gold were competitors to the churches "white bread holy communion". All starch and no measurable energy. The original Mana bread, the original last supper holy communion, was displaced by a no energy knock off. The original Sacrament was Mana, it was the God frequency; it was classic host. It bestowed wisdom, intuition and a host of psychic benefits. It was life everlasting. It was going into resonance with the God frequency or dimension. Moses "worshiped" or more accurately was a master of workship, the alchemy of WPG bread. Moses was a baker man!

With this form of alchemy, it's not what you are holding in your 10% conscious mind that counts so much, but rather what you hold in your 90% subconscious mind that determines the outcome of your magic. WPG represents a tool to rid your subconscious mind of counter intentions and distorted belief systems that keep wanted, and much planned for, reality from manifesting. It is a sacred process.

### **ENVIORMENTAL ISSUES**

With iBliss Energy Card Tapping you can release CCW conflict energy from unwanted emotions, worn out attitudes, self-limiting belief systems, pains, aches, uncomfortable sensations and traumatic incidents. There are also a lot more stressors that can be cleared. When you feel a food addiction coming on, tap on the card. The same card tapping will work for the urge to take toxic street drugs. When you feel an urge for junk food tap, to overeat, to break the law, to make someone wrong, to insult someone, to be right, to consume excess alcohol, to drive when intoxicated, to fight other than in self-defense, to do a pay back, to judge or be prejudiced, etc.--tap. You can make great gain by tapping on bad habits as they start to compel or drive you. Tap when the bite and when the heat is on!

© Norman McVea Ph.D. 2007 all rights reserved •iBlissNow.com•

You will probably need to do a lot of card tapping to get to the bottom of some of your dyed-in-the-wool unwanted behaviors. Card tapping is cheap and good exercise. The behavior to model here is card tap when it is not working. Tap frequently and tap with intention. Tap when you are off center and tap when you pray, and integrate this clearing tapping process into all nooks and crannies of your life. Approach a stressful issue from every which way, until it has unraveled. Some issues may require frequent tapping to clear. Some may release right away. Don't stop until you are completely satisfied with the results; you are transmuting energetic lead into gold.

Tapping on foods that you are about to eat, clears your relationship to them. Food allergies and environmental allergies are all too common. If you have noticed uncomfortable reactions to certain foods, but you are unwilling to give them up, hold them in your left hand or point to them and tap the iBliss Energy card with your right while saying its name and fully experiencing it. Notice the difference. The tapping takes away a compulsive and obsessive unconscious quality, and thus gets you in touch with your feelings and deeper values about them. You may notice after some tapping that food does not seem to disagree with you as it did before. Allergies, past and present, reactivated from such substances as chemicals, drugs, food toxins, cleaning products, cosmetics, clothing and building materials can be released. You have the power to clear your reactions and your body's reactions to any substance. You can transmute them from CCW to CW.

This statement does not give you permission, however, or advice to hang out with or associate with toxins. I am just saying that when you can clear the conflict energy you hold about persons, places and things, then suffering is optional. This iBliss Energy Card system is not a substitute for a hard hat, radiation suit, bullet proof vest, rubber gloves, wet suit, radiation detector, using crosswalks, driving safely, seat belts and uncommon common sense. Keep visualizing lead into gold.

Throughout history gold has been power. Gold has been physical power for the materialists and psychic power for the metaphysicians. The field of Mufcut was the communication line on which the Pharaohs talked to God, intuitive or higher self. Gold transmuted to its highest form transmutes humanity to its highest consciousness. Throughout history this process has been referred to as the Great Enlightenment. Combining Energy Psychology with WPG and our WPG formulations, in these times of stress are the Holy Grail for the new age. It could become your great Enlightenment.

In this Quantum age, WPG will be the transmutation of self-limiting belief systems along with fuel, zero point energy, super conductors, health, healing, DNA repair, personal transformation, electrical purification, audio and video

© Norman McVea Ph.D. 2007 all rights reserved •iBlissNow.com•



coherence, stress release, alternative fuels cells, time travel, teleportation, etc. We offer you this blissful beginning of a short journey to a sustainable environment and your ideal self. Keep on tapping.

## PRODUCTS

iBlissNow cards \$25 each--5 for \$100



iBliss Energy Card™

WHITE POWDER OF GOLD

\$25



iBliss Norm McVea, Ph.D. Research Psychologist and Ordained Minister  
415-883-7198 [Norm@marinmarket.net](mailto:Norm@marinmarket.net) © copyright 2008 All rights reserved

## **IBLISS ENERGY SOFTWARE PROGRAMS FOR USB KEYS, COMPUTERS, IPHONES, IPODS, MP3 PLAYERS**

Introductory iBliss Energy Package-- iBliss Energy Software for USB Keys, computers, phones, iPods, MP3 players, computer games, Sansa –

\*Two Video Programs-- Life Force and White Powder of Gold useful for iBliss Card Tapping, EFT and Energy Psychology

\*Seven Audio Programs--Positive GreenMorph, Morph, Positive Green, Rush, RushLumin, Vita Vib, White Powder of Gold plus bonus Vital Vib Smart Pill Collection

\*Three Photo File Programs--Coco, White Light, Big 3

all are provided on CD, DVD and/or USB key ready to wear and install--  
Introductory tech support included and iBliss book --*EFT, Energy Psychology And Vibratory Medicine Go To A Quantum Physics Lab* -\$250

Intermediate iBliss Energy Package- Next generation iBliss Energy Software programs for large capacity USB Keys, computers, phones, iPods, MP3 players, computer games, Sansa –

\*Seven Video Programs-Life Force, White Powder of Gold Plus, Positive Green, Big 3, Big 12, White Light, Horizontal Negative Green. Higher potency formulations useful for iBliss Card Tapping, EFT and Energy Psychology

\*Ten Audio Programs -Positive GreenMorph, Morph, Positive Green, Rush, RushLumin, Vita Vib, White Powder of Gold, Lucid Dreaming Sleep Surf, Tantra, Vital Vib Smart Pill Collection

\*Fifteen Photo File Programs-- Coco, White light, Big 3, Ecstasy and Sacred Geometry Package

all are provided on CD, DVD and/or larger capacity USB key ready wear and install—iBliss book --*EFT, Energy Psychology And Vibratory Medicine Go To A Quantum Physics Lab*, intermediate tech support package included -\$2,500  
Additional High Definition Energy Amplifier, this add on program best suited for HD computers, big screen monitors and TV's, and iPod iTouch \$2,500, both for \$5,000.

Advanced iBliss Energy Package- iBliss Energy Software for USB Keys, computers, phones, iPods, MP3 players, computer games, Sansa –

© Norman McVea Ph.D. 2007 all rights reserved •iBlissNow.com•

Mega Action At A Distance programs, specific body part energy clearing programs, specialized Life Force programs, custom energy formulations for studio audio mixing, video recording, special energy effects, altered state programs, workshop, seminar and group Energy Psychology webinars and live events, energy product development for clothing, supplements, electronic devices, art, DVD, CD, web site and download products, etc. Energy clearing for home and office environments, peak sports performance, group energy clearing, energy corrections for energy instruments, night club energy environments and shamanic substance amplification. Become an iBliss Energy Clearing Coach.

\*Twenty five Video Programs-Life Force 1, 2 and 3, White Powder of Gold/Higher Harmonic of Gold--Arc of the Covenant Energy Psychology Program--, Positive Green, Big 3, Big 12, White Light, Horizontal Negative Green, Vision Quest 1, 2 and 3, Endorfun, Deep Relaxation, Lucid Dreaming, Coco, Psychedelic Sacred Geometry, Shamanic Healing, Magic Shrooms, Energy Psychology Package, BioEnergetic Body Part Clearing, Intuition, Frequency of the Healthy Cell, Smart Pill Package, Sedona Vortexes, Karnac White Light Carrier-Action At A Distance

\*Fifteen Audio Programs-Positive GreenMorph, Morph, Positive Green, Rush, RushLumin, Vita Vib, White Powder of Gold, Lucid Dreaming Sleep Surf, Tantra, Sedona Vortexes, Tantra Audio Package of 6 Programs, Higher Harmonic of Gold Package

\*Twenty Quantum Energy Card Programs –Chi Heat, Human Growth Hormone/ Testosterone Energy, Saints, Gods and Goddess Package, Sextasey, Green House Astrology Package, WinTime Golden Trine Package, Intuition, John of God, White Light, Big 3, Coca, Life Force Golden Ratio and many others. iBliss book-- *EFT, Energy Psychology And Vibratory Medicine Go To A Quantum Physics Lab*, and a complete training package, DVD's, audios and phone consultations. All Software Programs provided on a CD, DVD and Mega capacity USB key ready to wear and install. Programs can arrive pre-loaded on an iPOD iTouch 32 gig. \$30,000.

Allow 30 day delivery

iBliss Coaching Energy Psychology--live and telephonic 1 to 1 sessions and group workshops available, info upon request